



Directions to Breakthrough Fitness

6247 Crain Highway

Located in Richard's Park Office Center

Route 301, Southbound Lanes

Upper Marlboro, MD 20772

(301) 627-7000

From Route 202:

1. Take Route 202 toward Upper Marlboro, until the road ends at a light at Tommy's Auto Clinic.
2. Turn LEFT at the light onto Route 725 (Marlboro Pike).
3. At the traffic light, make a RIGHT onto Route 301 South. Continue with the directions "From Bowie & points NORTH".

From Bowie & points NORTH:

1. Take Route 301 South toward Upper Marlboro, and proceed south past the Route 4 interchange.
2. Go straight through the traffic light at Giant Food (on your left) and Food Lion (on your right).
3. Proceed about ½ mile past the railroad tracks. When you see a silver guard rail on the right side of the road, pull onto the shoulder & prepare to turn right.
4. Turn RIGHT at the end of the guard rail, just before the red & white "BREAKTHROUGH FITNESS" sign. We are in a red brick building (Richard's Park Office Center). (If you get to the BP gas station, you have gone too far.)
5. Drive around the RIGHT side of the building to the back. Enter at 6245 or 6247; these are the doors to our suite.

From Waldorf, Marlton, & points SOUTH:

1. Take Route 301 North toward Upper Marlboro, and proceed past intersections with Croom Station Road and Chew Road. You should be in the LEFT lane.
2. After Chew Road, you will see a sign for Curtis Road. Immediately past Curtis Road, but BEFORE the railroad tracks, make a U-turn into the southbound lanes, and get into the RIGHT lane. (You WILL NOT cross the railroad tracks.)
3. Proceed about ½ mile. When you see a silver guard rail on the right side of the road, pull onto the shoulder & prepare to turn right.
4. Turn RIGHT at the end of the guard rail, just before the red & white "BREAKTHROUGH FITNESS" sign. We are in a red brick building (Richard's Park Office Center). (If you get to the BP gas station, you have gone too far.)
5. Drive around the RIGHT side of the building to the back. Enter at 6245 or 6247; these are the doors to our suite.